



Promoted for and on behalf of Cycling Time Trials
under their Rules, Regulations and Conditions



J9/21
Buxton Old Road to Tegg's Nose Country Park

Event

Held on Sunday 5th May 2019 at 10:00am
First rider off 10:01am

Event Secretary

Mr Bhima Bowden
Waterside House
Waterside
SK11 7HG

07 49 49 499 47

hillclimb@futuristicdata.com

Timekeepers

Start Mrs Judith Soden
Finish Mr Martin Jackson

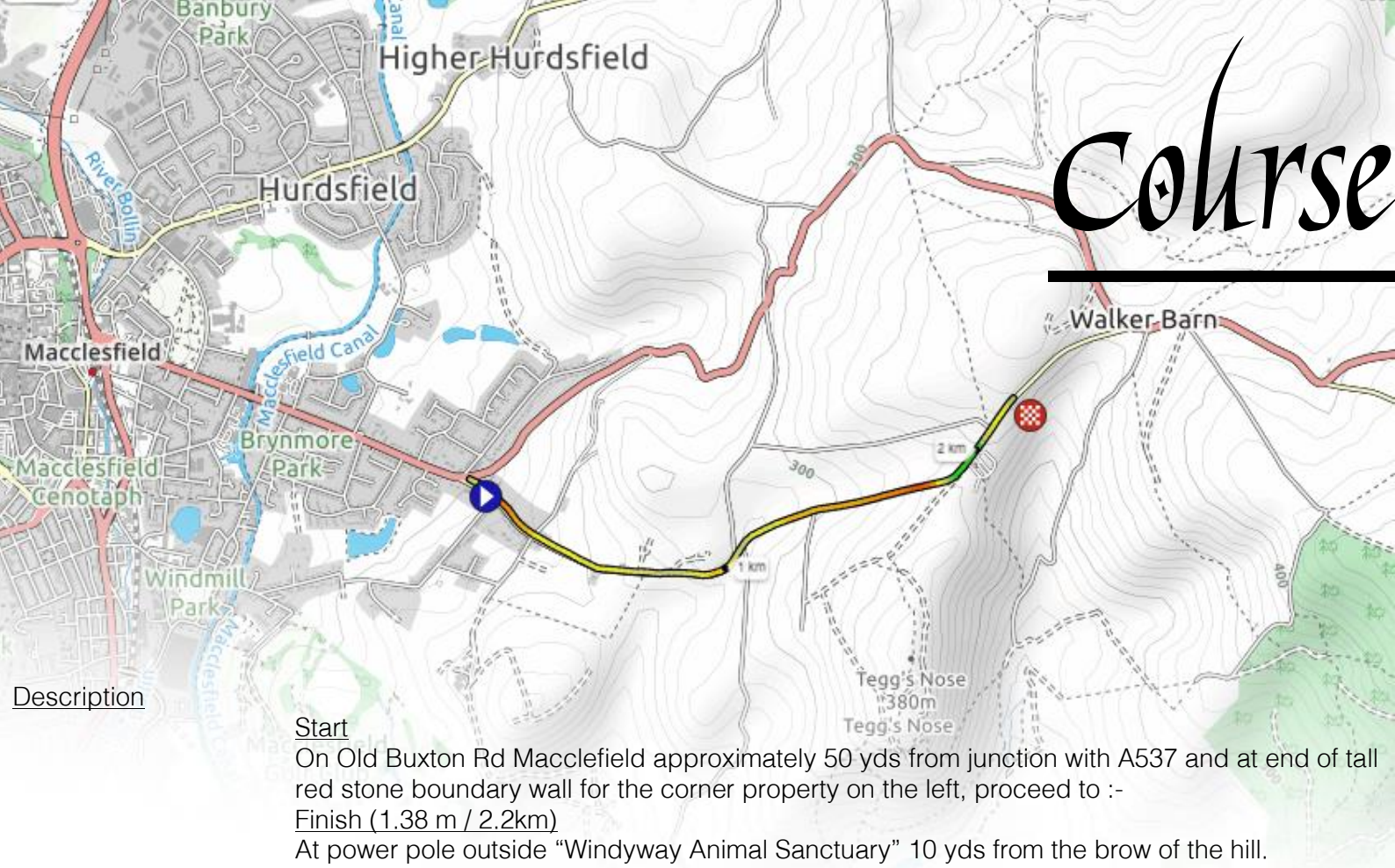
Please do not distract or obstruct the timekeepers.
All results will be shown at the Headquarters as soon as possible.

Emergencies

If, at some point during the event, an emergency situation occurs, or you find yourself unable to complete the course for any reason, as well as any emergency services that may need to be alerted, please also let the event secretary know, so you are accounted for and/or able to be assisted if necessary. Store these numbers in your phone:

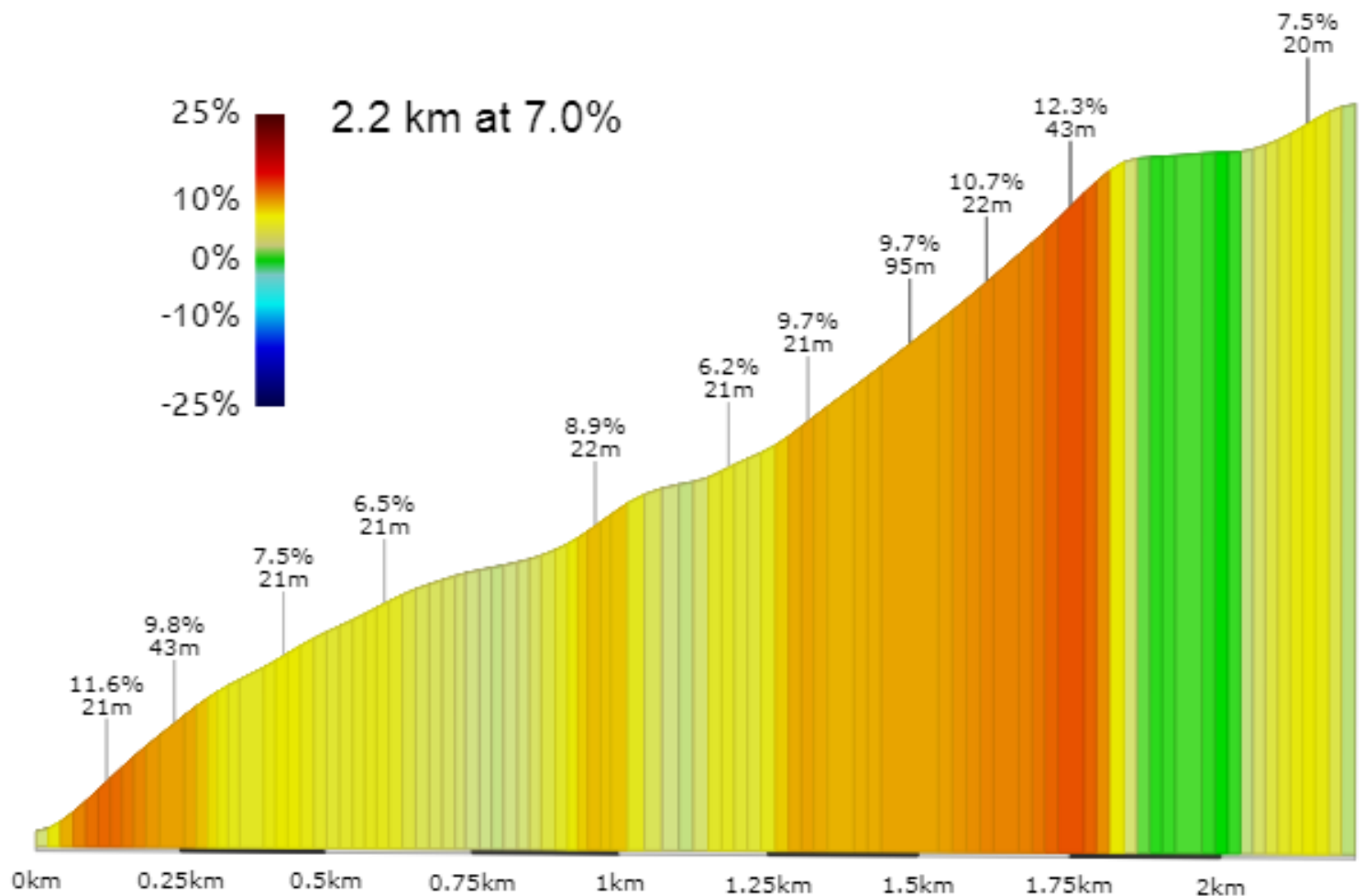
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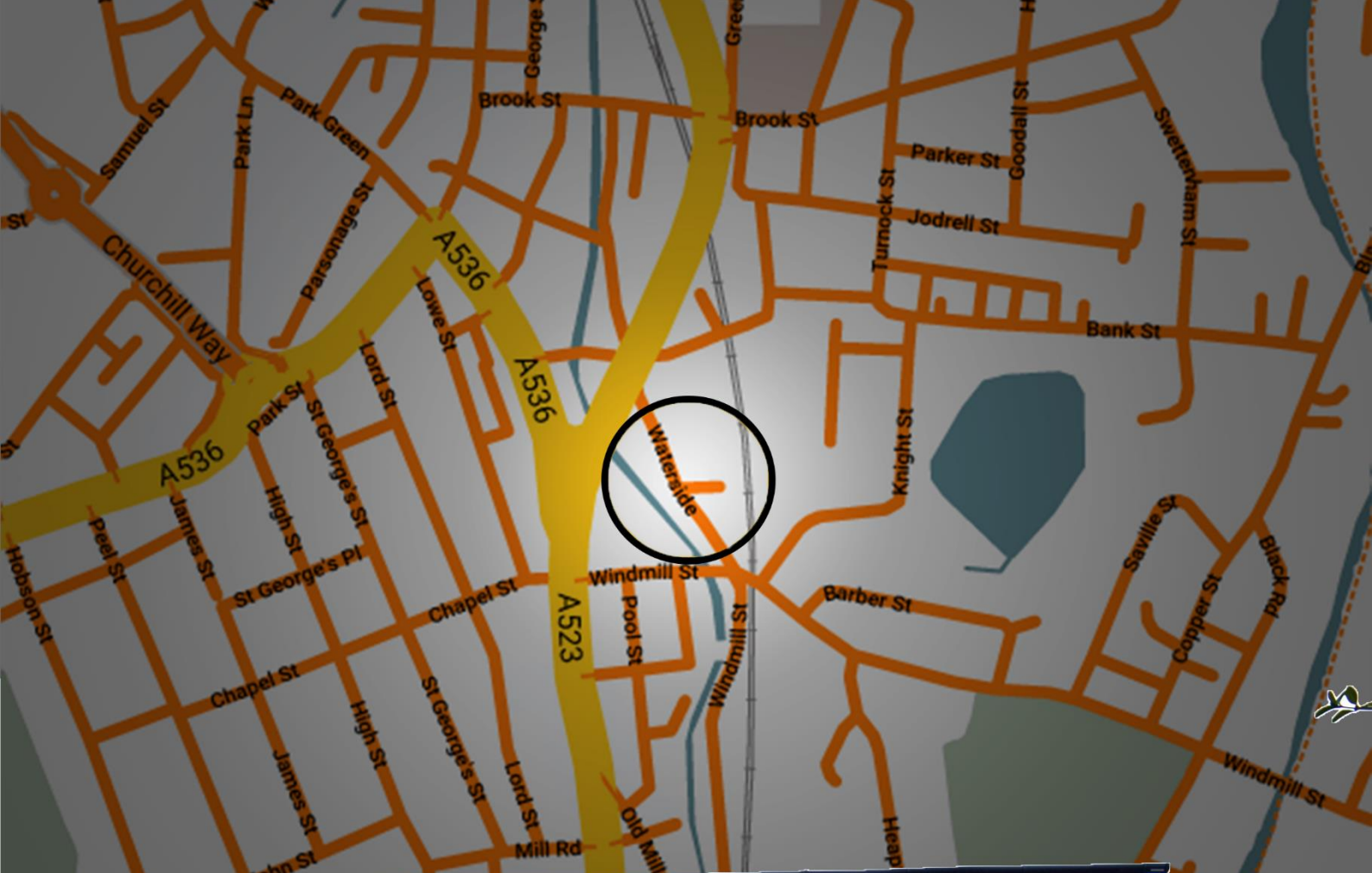
07 852 554 173 (Backup Phone routes to the HQ landline)



Records

This course was newly put in place thanks to the expert help of Dave Fearon of the Manchester District CTT. This first event will determine the course records, so ride hard! You can view a Strava leaderboard of unofficial times [here](#).





Headquarters

Global Filmmakers
Waterside House
Waterside
Macclesfield
SK11 7HG

Parking

Please do not park

- On the course
- Near the start line, where riders will be waiting
- On the stretch of road after the finish line

The Tegg's Nose car park may be used but will be inconvenient. Please note rule 2.

The road outside the HQ ("Waterside") is narrow in places. Please be considerate if parking here.

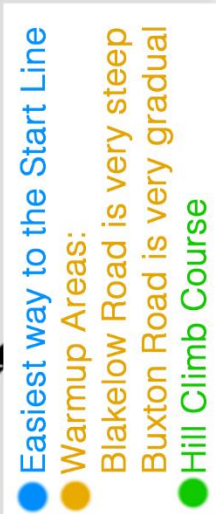


Safe parking spots highlighted orange

Headquarters

Google

Headquarters



Rules

1 – Do not line up at the start area. This could cause congestion at the junction. Instead, please wait on the opposite side of the road and a marshal will shout your number when it is safe to approach.
We *may* have a designated storage box for your extra warm-up clothing at the start, which will be returned to the HQ. We do not take any responsibility and we are not liable for any damage caused through use of this service.



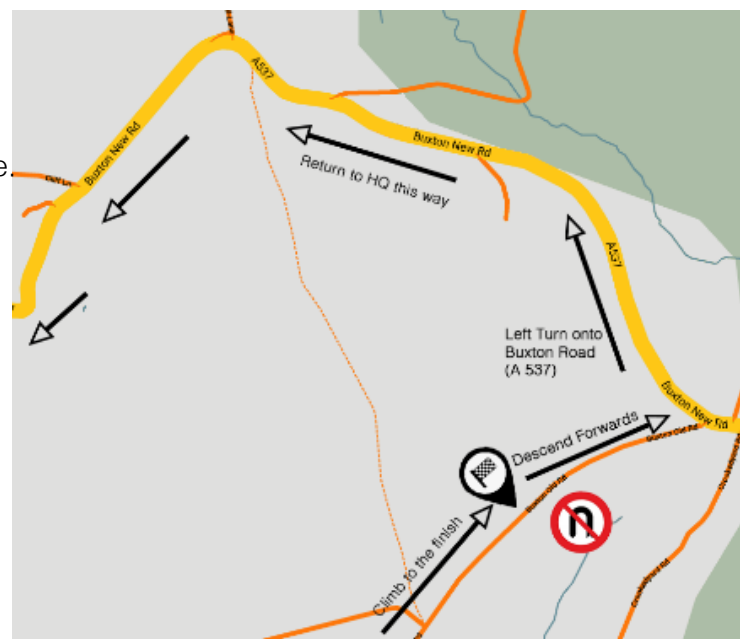
2 – At the finish line, continue over the brow of the hill and descend back via Buxton Road (A 537). Please ride in such a way that encourages safe traffic flow.
Do not:

- Descend the course while the event is taking place
- Stop at the top, blocking the way for other riders and vehicles
- Perform a U-turn at any point on the descent towards Buxton Road (A 537).

Do not return to the finish line this way to spectate

The only exception is if mechanical failure or a physical/health problem prevents you from completing the event.

Opportunities for other vehicles to safely pass competitors can be limited and riders behind such vehicles can unfairly be held up.
Descending on the course reduces these opportunities a great deal.



3 – Do not warm up on the course while the event is taking place

4 – Riders **MUST** follow the instructions of the marshals when requested.

5 – CTT Regulation 31 for Hill Climbs

A competitor:

- (a) may be held up but shall not receive a push start;
- (b) may not cover any part of the course on foot;
- (c) must not be accompanied by persons on foot.

This event is under 100km. Riders should not be preceded, accompanied, followed by or in anyway receive assistance from a motorised vehicle.

Regulation 17: Signing-on Sheet and Signing-out Sheet

- (a) The competitors in all types of events must make themselves aware of any special safety instructions for the event and sign the official Signing-on Sheet when collecting their number.
- (b) In Type A events a competitor must return to the event HQ either during the event or within a reasonable time after the last rider has finished the event and must (i) return their race number(s) and (ii) sign the official Signing-out Sheet. A rider who fails to sign the official signing out sheet shall be recorded as a DNF

IN THE INTERESTS OF YOUR OWN SAFETY

Cycling Time Trials and the event promoters strongly advise you to wear a **HARD SHELL HELMET** that meets an internationally accepted safety standard.

In accordance with Regulation 15 ALL JUNIOR competitors must wear Protective Hard Shell Helmets.

It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position visible to following road users and is active whilst the machine is in use.

This event may be subject to a Doping Control

As soon as you have finished you should return to the event HQ as it is your responsibility to check if you are required for Doping Control. Race numbers required for Doping Control will be displayed at the HQ adjacent to the result board.

If your number is displayed you should report immediately to Doping Control which will be nearby. Remember, it is up to you to check and ensure that you comply. If required you must report to Doping Control after finishing without delay.

Here is a link to the full CTT regulations:

<https://www.cyclingtimetrials.org.uk/articles/view/11>



Prizes

1st Place

- Senior Male (18+)
- Senior Female (18+)
- Junior Male (<18)
- Junior Female (<18)



BONUS PRIZE

Arm warmers as a thank you gift for the first 10 people that entered the event. Were you quick enough? Find out at the end!

...All win a majestic champion's cycling jersey. They will wear it proudly, for the rest of time, boldly gaining prestigious courage from it, the very moment they wrap themselves within it's comforting, fleece-lined bubble in the depths of winter.

When times become bleak, suffering becomes unbearable and their determination is questioned, this jersey will inspire greatness, sparking new levels of willpower, reawakening the hero within.

2nd place - £10 cash prize

3rd place - £5 cash prize

+More TBC

The Purple Jersey Prize

Sponsored by Velo Cafe Macclesfield

Not (yet) fast enough to win? If you put in enough effort and show you are the most aggressive racer, with the desire to truly give it your heart & soul, with passion, leaving absolutely nothing on the table, you 100% deserve the honour of winning this jersey.

Judged by a secret panel, at a random point on course, you cannot fake this. Somewhere, out there, someone will be watching, waiting, for your fearsome conviction, unstoppable energy and magnificent soar up the climb to take their breath away. When they see you, the prize is yours!



Rider Start List

Bib	Start Time	Firstname	Lastname	Club / Team	Gender	Category
1	10:01:00	Fred	Wardle	Macclesfield Wheelers	Male	Veteran
2	10:02:00	Martin	Wiggan	Seamons CC	Male	Veteran
3	10:03:00	Ben	Horley	Manchester Wheelers	Male	Veteran
4	10:04:00	John	Flanagan	Moonglu CC	Male	Veteran
5	10:05:00	Kate	Gamwell	Macclesfield Wheelers	Female	Juvenile
6	10:06:00	Patrick	Wood	Macclesfield Wheelers	Male	Junior
7	10:07:00	Joe	Thorp	Macclesfield Wheelers	Male	Juvenile
8	10:08:00	Oliver	Smyth	Macclesfield Wheelers	Male	Juvenile
9	10:09:00	Robert	Rowson	Macclesfield Wheelers	Male	Junior
10	10:10:00	Aj	Hughes	Sportcity Velo	Male	Junior
11	10:11:00	Rachel	Gilliland	Macclesfield Wheelers	Female	Veteran
12	10:12:00	Ruth	Gamwell	Macclesfield Wheelers	Female	Veteran
13	10:13:00	Jill	Wesley	Macclesfield Wheelers	Female	Veteran
14	10:14:00	Monica	Eden	Macclesfield Wheelers	Female	Senior
15	10:15:00	Rachael	Brown	Pro Vision Cycle Clothing	Female	Senior
16	10:16:00	Mark	Rowbottom	Chesterfield Coureurs CC	Male	Senior
17	10:17:00	Chris	Spencer	Macclesfield Wheelers	Male	Senior
18	10:18:00	Matt	Yardley	Macclesfield Wheelers	Male	Veteran
19	10:19:00	Ronan	O'cualain	Seamons CC	Male	Veteran
20	10:20:00	Duncan	Ramsay	London Dynamo	Male	Veteran
21	10:21:00	Mark	Pilling	Macclesfield Wheelers	Male	Senior
22	10:22:00	Chris	Wilcox	Lyme Racing Club	Male	Veteran
23	10:23:00	Richard	Burt	Solihull CC	Male	Veteran
24	10:24:00	Simon	Holden	Macclesfield Wheelers	Male	Veteran
25	10:25:00	Thomas	Green	Macclesfield Wheelers	Male	Senior
26	10:26:00	Paul	Targett	Holcombe Harriers	Male	Veteran
27	10:27:00	Richard	Woods	Eat Plants Not Pigs CC	Male	Senior
28	10:28:00	Ricki	Ellison	CC Giro	Male	Senior
29	10:29:00	Khaled	Balabil	Holmes Chapel Velo	Male	Veteran
30	10:30:00	Daniel	O'donnell	Macclesfield Wheelers	Male	Veteran
31	10:31:00	James	King	OVB	Male	Senior
32	10:32:00	James	Russell	Macclesfield Wheelers	Male	Veteran
33	10:33:00	Alastair	Ribbands	Manchester Wheelers	Male	Senior
34	10:34:00	Jonathan	Carnall	Eat Plants Not Pigs CC	Male	Senior
35	10:35:00	Steven	Prince	Fishface Cycles RT	Male	Veteran
36	10:36:00	Jon	Wild	Veloviewer	Male	Veteran
37	10:37:00	Chris	Myhill	Peak Road Club	Male	Veteran
38	10:38:00	Matt	Lawton	Macclesfield Wheelers	Male	Senior
39	10:39:00	Richard	Gildea	Didcot Phoenix CC	Male	Senior
40	10:40:00	Rick	Bailey	B38/Cycles In Motion	Male	Senior
41	10:41:00	Andy	Cunningham	Ilkley CC	Male	Senior



We have much more
to come in 2019...

Join us on (most) Wednesday nights
through the summer for our 10 mile
Time Trial series.

See website for where & when.

Want more hill climbs?
Look out for Pym's Chair on
September 4th and The Cat & Fiddle,
the following week, September 11th.

November sees the arrival of our
unique off-road hill climb, for those
who like fatter tyres. Changing every
year, the location is a closely
guarded secret to keep it exciting.

Also, look out for our premier winter
event, the Macclesfield Supacross.



<https://www.macclesfieldwheelers.org.uk>



**Chestergate
Macclesfield**

Special Offer

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arrive on your bike.

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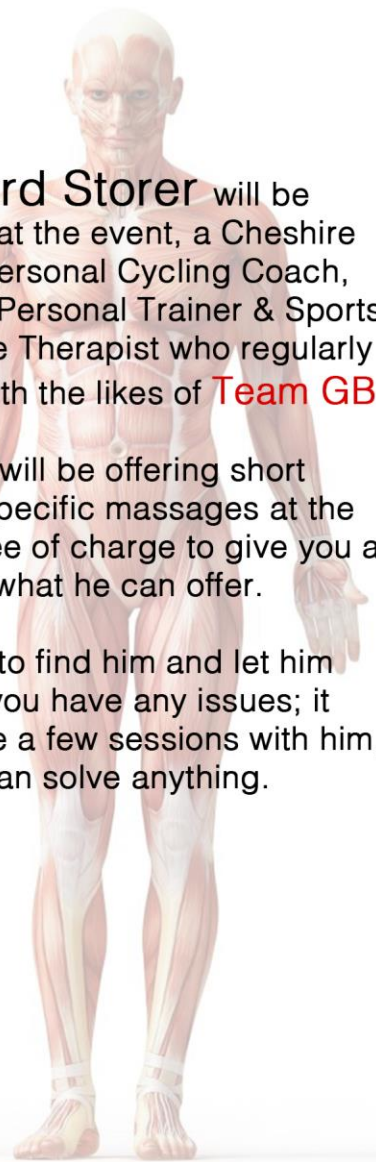
Cheshire Cycle Training



Richard Storer will be present at the event, a Cheshire based Personal Cycling Coach, Trainer, Personal Trainer & Sports Massage Therapist who regularly works with the likes of **Team GB**

Richard will be offering short sports-specific massages at the event free of charge to give you a taste of what he can offer.

Be sure to find him and let him know if you have any issues; it may take a few sessions with him, but he can solve anything.



Contact Rich on:
07745 645828
restorermassage@gmail.com

<http://cheshirecycletaining.co.uk>

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